

# ADHD CHILDREN'S PROGRAMME

*Limited places available*



ADHD

**Commencing January 2023**

**Parenting a child with ADHD can bring special challenges but with the right support parents can overcome these and reach their full potential.**

**Join our 'Parents Plus ADHD programme'**

This 7 week evidence-based parenting course addresses the needs of parents raising a child with ADHD aged 6 to 12 years.

This Programme supports parents to understand the challenges of ADHD and manage behaviour and emotional problems.



**Dates and Times: TBC early 2023 (7 weeks)**

**Location: 5-7 Marcus Street, Newry BT34 1ET**

To register or for additional information please contact Justina on [trainingsupport@bolstercommunity.org](mailto:trainingsupport@bolstercommunity.org) or 028 308 35764